



Rice Muffins

Yield – 100 servings

Ingredients

4 qts. 2 oz. Flour
2 cups Sugar
1 cup Baking Powder
2 Tbsp. Salt
13 Eggs
1 qt. & $\frac{1}{4}$ cup Milk
1 $\frac{1}{2}$ cup Shortening, melted
2 $\frac{3}{4}$ qts. cooked Rice

How to Prepare

1. Blend dry ingredients. Combine liquids, stir only until dry ingredients are moist. Stir in rice, portioning with No. 16 scoop into greased muffin tins.
2. Bake at 425°F (hot oven) for 15 minutes or until brown. Serve hot.

*****Nutritional Information Per Serving*****

Calories =	Saturated Fat = g	Dietary Fiber = g	Vitamin C = mg
Carbohydrate = g	Cholesterol = mg	Protein = g	Calcium = mg
Total fat = g	Sodium = mg	Vitamin A = RE	Iron = mg

Recipe provided by USDA, July 1958

